

# *Fernie Nordic Society*



## **How complicated are the equipment requirements?**

Industry-wide, cross country ski gear is some of the best designed and most affordable outdoor sports equipment available. To go skiing you will absolutely need the following: skis with bindings attached, poles, and boots. Most beginner Classic skis are "waxless" skis meaning you just put them on and go. This makes the ski a little bit slower but much easier to use.

Much more in-depth information on equipment and waxing is available in the Waxing and Equipment sections accessed via the navigation bar above. For comfort and safety, appropriate active winter sports apparel and some basic accessories (such as sport-specific gloves) are a good idea. All of this equipment is available at affordable prices at a number of specialty retail stores and mail order.

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